




Planned Parenthood— Westside

M,Tu,W,Th,F: 8:30am-5pm

 (831) 426-5550  Near SC Metro!

 1119 Pacific Ave.
Suite 200
Santa Cruz, CA 95060

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Features:



Key

Teen Friendly Features:

-  Your care is completely private
-  Text reminders
-  Separate teen entrance
-  Same day appointments
-  Seeks youth input to become youth friendly
-  Calls *your* phone
-  Teen waiting room
-  Walk-ins welcome
-  Same day birth control (all forms)
-  School-based clinic

Care & Services:








-  STI testing
-  Pregnancy testing & options counseling
-  Abortion services
-  Trans-care/HRT
-  Spanish-speaking clinic
-  PrEP
-  PEP

Free/Low Cost:

-  Helps you sign up for Family PACT & Medi-Cal
-  Sliding scale fee

Key

Birth Control:

- MOST EFFECTIVE**  **IUD**
Inserted by a provider. Works 3-10 years.
- MOST EFFECTIVE**  **Implant**
Inserted in the arm. Works up to 3 years.
- PREVENTS STIs**  **External Condom**
A barrier you wear on the penis.
- PREVENTS STIs**  **Internal Condom**
A barrier you wear inside the vagina or anus.
- PREVENTS STIs**  **Shot**
A shot you get every 3 months.
- PREVENTS STIs**  **Ring**
A plastic ring you insert into the vagina and replace monthly.
- PREVENTS STIs**  **Patch**
A sticker you wear on your skin that you replace weekly.
- Pill**
A daily pill.
- Emergency Contraception**
A pill you take as soon as possible after unprotected sex to prevent pregnancy.
ex. Condom breaks, missed pills, etc.

FOR TEENS, YOUTH, & YOUNG ADULTS



Santa Cruz

2019-2020



Public Health
Prevent. Promote. Protect.
Santa Cruz County

East Cliff Health Clinic

M,Tu,W*,Th: 8am-8pm
 Fri: 8am-5pm**

*(Quarterly) 3rd Wed of month 12:15pm-6pm.
 **Every 2nd Friday: 10:30am-5pm

(831) 427-3500 66, 68

21507 E Cliff Dr.
 Santa Cruz, CA 95062

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Features:



S.C. Women's Health Center

M,Tu,W*,Th: 8am-8pm Fri: 8am-5pm**
 Sat: 8am-1pm***

*(Quarterly) 3rd Wed of month 12:15pm-6pm.
 **Open every 3rd Friday: 10:30am-5pm
 ***Open every 2nd and 4th Sat of month

(831) 427-3500 Near SC
 Metro!

250 Locust St.
 Santa Cruz, CA 95060

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Features:



S.C. (Emeline) Health Center

M,Tu,W,Th,F: 8am-12pm & 1pm-5pm

(831) 454-4100 4

1080 Emeline Ave Bldg D,
 Santa Cruz, CA 95060

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Features:



To request copies of this card, contact Teen Health
 Outreach Program Manager, Nancy Willard at
 Nancy.Willard@SantaCruzCounty.us