

Watsonville Health Center

M, Tu, W, Th: 7:30am-7:30pm
F: 7:30am-5pm

(831) 763-8400 69A, 71, 79

1430 Freedom Blvd D,
Watsonville, CA 95076

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Features:



Key

Teen Friendly Features:

- Your care is completely private
- Text reminders
- Separate teen entrance
- Same day appointments
- Seeks youth input to become youth friendly
- Calls your phone
- Teen waiting room
- Walk-ins welcome
- Same day birth control (all forms)
- School-based clinic

Care & Services:

- STI testing
- Pregnancy testing & options counseling
- Abortion services
- Trans-care/HRT
- Spanish-speaking clinic
- PrEP
- PEP

Free/Low Cost:

- Helps you sign up for Family PACT & Medi-Cal
- Sliding scale fee

Key

Birth Control:

- IUD**
 Inserted by a provider. Works 3-10 years. **MOST EFFECTIVE**
- Implant**
 Inserted in the arm. Works up to 3 years. **MOST EFFECTIVE**
- Shot**
 A shot you get every 3 months.
- Ring**
 A plastic ring you insert into the vagina and replace monthly. **PREVENTS STIs**
- Patch**
 A sticker you wear on your skin that you replace weekly.
- Pill**
 A daily pill.
- External Condom**
 A barrier you wear on the penis. **PREVENTS STIs**
- Internal Condom**
 A barrier you wear inside the vagina or anus. **PREVENTS STIs**

Emergency Contraception

A pill you take as soon as possible after unprotected sex to prevent pregnancy.

ex. Condom breaks, missed pills, etc.

FOR TEENS, YOUTH, & YOUNG ADULTS



Watsonville


2019-2020




Public Health
Prevent. Promote. Protect.
Santa Cruz County

Planned Parenthood — Watsonville

M,Tu,W,Th,F: 8:45am-8pm

 (831) 724-7525  69A/72,
71, 69A

 398 S. Green Valley Road,
Watsonville, CA 95076

Birth Control:



Care & Services:



Free/Low Cost:





Teen Friendly Touches:



Salud Para La Gente — Clínica Del Valle Del Pájaro

M,Tu,W,Th: 8:30am-7:30pm
F: 8:30am-5:30pm

 (831) 728-0222  69A, 72,
74S

 45 Nelson St,
Watsonville, CA 95076

Birth Control:



Care & Services:



Free/Low Cost:





Teen Friendly Touches:



Salud Para La Gente — East Beach Clinic

M,Tu,W,Th: 8:30am-7:15pm
F: 8:30am-5:30pm

 (831) 728-0222  69A, 79,
71, 75

 204 East Beach St,
Watsonville, CA
95076 *Near
Watsonville
Transit Center!*

Birth Control:



Care & Services:



Free/Low Cost:





Teen Friendly Touches:



Salud Para La Gente — Pajaro Valley H.S. Clinic

Call or stop by for hours.
CLOSED Summers.

 (831) 728-0222  74S, 69W,
72, 72W,
75, 91X

 500 Harkins Slough Rd,
Watsonville, CA 95076

Birth Control:



Care & Services:



Free/Low Cost:



Teen Friendly Touches:

